Healing Historical Trauma
Residential Schools
Excerpt from *Peoples and Cultural Change*
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RESIDENTIAL SCHOOLS

When mission and day schools did not accomplish their stated goal of assimilation, the government looked for a new education system for First Nations. They believed that the solution might lie south of the border. Prime Minister John A. Macdonald appointed a backbencher, Nicholas Flood Davin, to study American methods for educating Native American children. Davin toured the United States, and came away very impressed with the American system of industrial boarding schools. In 1879, Davin issued his report.

He recommended separating First Nations children from their families and communities. “If anything is to be done with the Indian,” Davin wrote, “we must catch them very young.” Davin recommended taking children as far away as possible from the cultural influence of their families and communities. He proposed a system of industrial boarding schools across western Canada where students could be trained to lead a Christian lifestyle and to practice European work habits.

Both the government and the churches warmly embraced the Davin Report. The government began to shift emphasis away from day schools and towards what they called Indian Residential Schools. Six years later, because of the 1885 Resistance, the government became more convinced than ever of the importance of assimilating First Nations people.

Despite many problems with the system, some First Nations and Inuit people look back fondly on their times at residential school and at the people who taught them there. Some successful residential school students eventually returned home to become leaders of their communities.

The majority of the staff and administrators of the schools sincerely believed that they were acting in their pupils’ best interests. Working at a residential school demanded a great deal of dedication and personal sacrifice.

In 1868, there were only two residential schools in Canada. By 1894, that number had grown to forty-five. The government took several steps to boost First Nations enrolment. In 1894 and 1920, amendments were made to the Indian Act to make school attendance compulsory. Indian agents on reserves exerted pressures of their own, withholding food and benefits from families who did not send their children to school.

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The number of residential schools reached its peak in the 1930s. There were eighty schools, spread throughout every province and territory except New Brunswick, Newfoundland, and Prince Edward Island. Beginning in 1930, Indian agents had the power to hold First Nations students at residential school until age eighteen.

Area administrators in Inuit communities fulfilled the same role in the Arctic, forcing Inuit children to attend school. From the 1930s–1960s, Inuit children were taken from their families to ilihariniartaut iningat, Inuvialuktun for “residential schools,” that were sometimes 1000 kilometres from home. In earlier years, the children travelled by boat. In the 1960s, they were collected by plane. The long distances sometimes meant Inuit children could not return to their communities for holidays or summers. Their parents could not travel the long distances to visit. Some went several years without seeing a family member.

Church missions would likely have built schools for Métis children as well, if there had been funding from the government to do so. In fact, no education was offered specifically to Métis — they were ignored as a group by the federal government. The only school built expressly for Métis children was at the St. Paul des Métis settlement.

Despite the legislation and the pressures, many First Nations and Inuit people resisted the government’s efforts to assimilate their children. Some spoke out directly against the system. Many others simply refused to send their children to school, no matter what the consequences. Attendance remained low, in both residential and day schools. Only 3 per cent of First Nations children remained in school beyond Grade 6.

Some non-Aboriginal Canadians had their own concerns about residential schools. Alberta newspaper publisher and politician Frank Oliver pointed out that the Ten Commandments tell Christians to honour our mothers and fathers. “It seems strange,” he wrote in a 1908 letter, “that in the name of religion a system of education should have been instituted, the foundation principle of which not only ignored but contradicted this command.”

Even the best-run residential schools and the most dedicated staff inflicted untold damage because of the flawed system. Entire generations of First Nations and Inuit people were essentially deprived of a normal family life. Parents lost the chance to raise their own children, and children lost the love and security of their homes, families, and communities. Not only was traditional education of First Nations and Inuit children interfered with, but the traditional family structure was broken.

The hurt was cultural as well as personal. At residential schools, First Nations and Inuit children were taught that their cultures — their spiritual beliefs, their languages, even the clothes they wore — were inferior and wrong.

A minority of residential school staff deliberately used their positions to abuse students emotionally, physically, and sometimes even sexually. Because of their positions of power, and the relative powerlessness of their victims, these abusers never expected to have to someday account for their crimes. The sexual abuse that took place in some schools damaged the self-identity of the abused children, which led to increased violence and suicide in First Nations and Inuit communities.

Many residential school students received an inferior education. Because they spent only half of each day in the classroom, they did not have the same opportunities as other children. In the eyes of the system, First Nations and Inuit people were fit only for menial work. It was considered a waste to prepare them for anything more. Many children left the schools at age
eighteen with the equivalent of only a Grade Five education.

Over time, government officials and church leaders came to recognize the tragic error they had made in trying to assimilate First Nations and Inuit peoples. They had to face up to the damage they had done to individuals, families, and communities. They also had to confront the abuse that had gone on unnoticed, and sometimes condoned, in their midst.

UNRESOLVED ISSUES: VICTIMS OF RESIDENTIAL SCHOOL ABUSE
In the early 1990s, Canadian newspapers were filled with stories about sexual abuse in Newfoundland’s Mount Cashel Orphanage. Members of the Catholic order that ran the orphanage were jailed for abusing children in the 1970s. Canadians were shocked to learn that religious caregivers could inflict such cruelty. They were also moved by the courage of the victims, who came forward to tell about the lasting damage the abuse had caused in their lives.

Soon, Canadians learned that Mount Cashel was not a unique case. First Nations and Inuit people who had attended church-run residential schools had horror stories of their own to tell. Phil Fontaine, then leader of the Assembly of Manitoba Chiefs (and later National Chief of the Assembly of First Nations), spoke out publicly about sexual abuse he had suffered as a boy at a Catholic-run residential school. By speaking out, Fontaine gave a public voice to rumours that had been quietly circulating for decades.

In the weeks that followed, Fontaine’s office was flooded by hundreds of calls from First Nations and Inuit people who had also been abused at residential schools. The media began calling for a public inquiry into residential schools, similar to the one being held for the non-Aboriginal victims at Mount Cashel.

In 1996, the Report of the Royal Commission on Aboriginal Peoples came out. It gave a great deal of attention to the legacy of residential schools, and the ongoing pain and suffering they left behind. The Department of Indian and Northern Affairs set up a Residential School Unit to begin examining formal claims. More than 200 claims were presented, but in the years that followed the number grew into the thousands.

In 2001, a new government department was created to attempt to resolve outstanding claims. In 2004, Indian Residential Schools Resolution Canada had over 5000 cases on its books, involving nearly 12 000 individuals. Churches are involved in 70 percent of the claims.

Government and churches have formally apologized to First Nations and Inuit people for the residential school system, and they have accepted moral and legal responsibility for the harm they did to the children in their care. They face a massive logistical and financial challenge to compensate the victims.

First Nations and Inuit people are adamant that the victims of residential schools deserve justice. Until all of the wrongs they experienced have been addressed, this chapter of Canada’s history will remain open.

FIRST-HAND RESIDENTIAL SCHOOL EXPERIENCES
I went to the St. Paul’s Anglican Indian Residential School from 1957 to 1961. I had to go there. My parents were going to be charged if I didn’t go to school. My sister tricked me into going because she said that they showed movies there every night. I thought that would be so fun so I went.
We were taught math, English, reading, writing and we had religious classes. This was a little useful as I learned some English.

When I went to school I only spoke Blackfoot. We used it all the time at home. Of course, when we went to school we were not allowed to speak it anymore. I got hit for speaking Blackfoot. I was really hit with a wooden pointer. If you couldn’t pronounce a word properly, you would get hit. I always dreaded going back to class because I knew what was going to happen.

— Kainai Elder/Survivor S who attended St. Paul’s Indian Residential School in Cardston, Alberta, as recorded by Makai’stoo (Leo Fox) in *Kipaitapiiwahsinnooni Alcohol and Drug Abuse Education Program*

[The] Sisters didn’t treat me good — they gave me rotten food to eat and punished me for not eating it. [I] was locked in a room, fed bread and water and beaten with a strap, sometimes on the face, and sometimes [they] took my clothes off and beat me — this is the reason I ran away.

— Christine Haines, who attended Williams Lake Residential School in Caribou, British Columbia, *Report of the Royal Commission on Aboriginal Peoples*

No one forced me to go; I wasn’t pulled away from my family. I’m not saying times were not hard, but I’m always thankful that I was in the school. I can’t say the nuns were not mean. It’s true we had whippings pretty near every night . . . We always had a lot to eat. The food wasn’t always that good but we ate better than some people on the reserve. Life at the school wasn’t always work, work, and work. I learned how to sing. I can still sing the requiem mass.

— Theresa Gadwa, Cree, Saddle Lake First Nation, who attended Blue Quills Indian Residential School in Lac La Biche, Alberta, as printed in the *Edmonton Journal* June 11, 1991.

In the classrooms of the schools, we faced unimaginable racism and discrimination, in our tattered clothes, dirty faces and unkempt hair. No one saw the terror in our eyes, or knew of the horrors we experienced at home, after school, the abuse, physical, mental, emotional and sexual. Many of us relied on the trash cans behind the stores and hotels for food. The dropout rate was extremely high among Dene students, even in elementary school, and there was no wonder why. Every member of my generation has a personal account of brutal hardship and despair. We came to believe as children that we were the last Dene people in the world, since our parents could not talk anymore.

— Ila Bussidor, Sayisi Dene, Tadoule Lake, Manitoba, who attended MacKay Indian Residential School in Dauphin, Manitoba, June 1, 1993, *Report of the Royal Commission of Aboriginal Peoples*

As we went by the school I said a silent prayer that I would never have to see the inside of it again as long as I lived . . . There was a lump in my throat and I felt like crying from the happiness, and in my heart there was such hope and optimism at the thought of my home waiting for me.

— Alice French, Inuit, who attended Aklavik Catholic Indian Residential School in Aklavik, Northwest Territories, *The Restless Nomad*
As a child I lived in perpetual fear of saying and doing anything, even if it was good, for if my work was too good, I knew that would bring the response “Who do you think you are? You think you’re such a big shot!” And I was always afraid to do my best. If I knew my work was good, I made sure that I didn’t finish it. Then the nun could only yell, “Why didn’t you finish the job I asked you to do?” To me, that was better than being ridiculed.

—Isabelle Knockwood, Mi’kmaq, who attended Shubenacadie Indian Residential School in Shubenacadie, Nova Scotia, Out of the Depths

I was raised in Siksika by my grandparents. They did not believe in sending me away to school early, so I stayed home longer than the other children of my age. I attended Crowfoot Roman Catholic Indian Residential School as a day student. I was well treated there and I cannot criticize that school at all. It hurts me to hear other people say unkind things about the priests and nuns. I learned to sew, and do household chores and keep a clean house. I am grateful for all that I learned. Whenever I got the strap or was punished, it was usually my fault. I learned about my religion and to respect elders. I quit school at 15 years of age to take care of my sick mother.

—Mia’nistohkomiaakii (Mary Ann Wells), Siksika, who attended Crowfoot Indian Residential School in Cluny, Alberta, Kitomahkitaplímínnooníks: Stories from our Elders

CLOTHING AND APPEARANCE

A person’s choice of clothing and hairstyle can be a powerful form of self-expression. Different cultures often have radically different styles and kinds of clothing. An individual’s appearance is often enough for an observer to make an educated guess as to another’s cultural background.

When First Nations and Inuit students entered residential schools in Canada, they faced many restrictions to their self-expression. For example, they often were not allowed to speak their own language. The images of Thomas Moore on this page demonstrate another restriction –– many Aboriginal children were not allowed to wear the usual clothing and hairstyles that were common in their communities.

SYMBOLISM

Other forms of expression are less obvious, and more symbolic. The artwork depicted on this page of a mask both open and closed, can be seen as a representation of a person who periodically hides their true self. Students living at residential schools often felt limited in their capacity to express themselves freely.