

Lions-Quest Canada/Thrive!

Lions-Quest is an international nonprofit organization with a mission to “provide leadership, knowledge and resources to develop healthy, capable young people of strong character.”

Lions-Quest programs are based on the theory that children must develop healthy behaviour, communication and decision-making skills, and strong attachments to others in order to become capable adults. The programs are designed to teach young people life and citizenship skills in a caring and consistent environment.

Lions-Quest programs promote core values such as trustworthiness, respect, responsibility and getting along with others. The aim of the program is to help students discover the positive roles they can play in society while reinforcing positive social behaviour and developing essential citizenship skills. The program offers a two-day teacher inservice and program binders for teachers plus supplementary materials. The learning activities described in the program binders can be integrated into the school day and are often taught as part of the health and life skills, and language arts programs.

Lions-Quest Skills for Growing Program

The Skills for Growing program for students in Kindergarten through Grade 5 focuses on skills in four main areas: responsibility, good judgement, self-discipline and respect for others. The six thematic units are:

- Building a School Community
- Growing as a Group
- Making Positive Decisions
- Setting Goals for Service
- Growing Up Drug-Free
- Celebrating You and Me.

Lions-Quest Skills for Adolescence Program

The Skills for Adolescence program for students in grades 6 through 8 works toward establishing a supportive partnership between parents, the school and the community. It consists of nine units:

- Entering the Teen Years – The Journey of Adolescence
- Building Self-confidence and Communication Skills
- Service Learning
- Managing Emotions in Positive Ways
- Improving Peer Relationships
- Strengthening Family Relationships
- Making Healthy Choices

- Setting Goals for Healthy Living
- Summing Up: Developing Your Potential.

Lions-Quest Skills for Action Program

The Skills for Action program for students in grades 9 through 12 is based on the theory that young people can take active and meaningful roles in dealing with issues that affect their lives. It builds essential life and citizenship skills by moving beyond the classroom into school-based service learning. The program has four components:

- Building a Learning Community
- Exploring Personal and Social Responsibility
- Project or Placement?
- Evaluating and Sharing Service Expectations.

Contact information

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Related Web site

www.thrivecanada.ca

Related publications

Skills for Action. Newark, OH: Quest International, 1995.

Skills for Adolescence, Fourth Edition. Newark, OH: Quest International, 2001.

Skills for Growing, Second Edition. Newark, OH: Quest International, 1998.