

Think of a Time...

Student Name Date

Think of a time when you successfully learned something at school or in the community. Reflecting on these experiences can help you better understand yourself as a learner.

1. Describe a time you learned something successfully.

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2. Why did you choose to learn this particular skill or concept?

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3. How did you learn it? What kinds of strategies did you use?

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4. What was the most difficult thing about this learning experience?

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5. Did someone help you or did you learn this on your own?

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6. How long did it take?

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Think of a Time... continued

Student Name Date

7. How did this success make you feel?

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8. How did you use what you learned?

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