How to Use the Alberta K–12 ESL Proficiency Benchmarks

Purpose

The Alberta K–12 ESL Proficiency Benchmarks:

- provide descriptions of language proficiency for each grade-level division
- support schools in delivering effective instruction and program planning for English language learners by:
  - identifying initial language proficiency levels of students
  - developing consistency in assessment of language proficiency for English language learners
  - promoting collaboration and communication about an English language learner’s progress among all of the student’s teachers
- support teachers in:
  - assessing, monitoring, tracking and reporting language proficiency
  - communicating with students and parents to develop an understanding of language acquisition
  - planning for explicit language instruction within everyday classroom learning.

When Are the Benchmarks Used?

The Benchmarks are used:

- when English language learners enter the school system in order to establish baseline proficiency and to identify the level and types of instructional supports these learners require to be successful
- at each reporting period to assess students’ current English language proficiency
- on an ongoing basis to monitor language proficiency growth and to inform instructional planning
- at transitions between grades, schools and/or programs.

Who Uses the Benchmarks?

The Benchmarks were designed to be used by:

- all teachers of English language learners
- ESL specialists
- ESL consultants
- school administrators.
Getting Started Using the Benchmarks

Step 1

Use the “Characteristics of English Language Learners” document to identify which proficiency level best describes the student. This will be your starting point for assessment.

Step 2

Use the Benchmarks for the appropriate grade-level division. Review the Benchmarks indicators for the level identified as a starting point. Also consider the Benchmarks indicators for the level above and the level below to identify which level the student consistently demonstrates. These observations can be recorded on the related tracking sheets.

Step 3

Use this information to:
- inform planning and classroom instruction
- determine the level of supports required
- communicate with students and parents
- share the relevant Benchmarks Summary with other teachers working with this student.
Benchmarks Levels

The Alberta K–12 ESL Proficiency Benchmarks reflect how development and academic language expectations increase from one grade-level division to the next.

Benchmarks Levels

<table>
<thead>
<tr>
<th>Division</th>
<th>Grades</th>
<th>Levels</th>
</tr>
</thead>
<tbody>
<tr>
<td>Kindergarten</td>
<td>1–5</td>
<td></td>
</tr>
<tr>
<td>Division 1</td>
<td>1–5</td>
<td></td>
</tr>
<tr>
<td>Division 2</td>
<td>1–5</td>
<td></td>
</tr>
<tr>
<td>Division 3</td>
<td>1–5</td>
<td></td>
</tr>
<tr>
<td>Division 4</td>
<td>1–5</td>
<td></td>
</tr>
</tbody>
</table>

Benchmarks Language Strands

Within each grade-level division, the Benchmarks are organized according to four language strands: Listening, Speaking, Reading and Writing. Based on age-appropriate language development expectations, the Kindergarten Benchmarks include only the Listening and Speaking strands.

These strands can be viewed as receptive (receiving information and ideas) and productive (producing information and ideas) or oral (transmitted aloud) and written (transmitted in print).
**Listening**
Listening is the first way in which English language learners involve themselves in the language learning process. It involves hearing, processing and interpreting spoken words by distinguishing sound, rate, pitch, volume and tone as part of the communication process.

**Speaking**
Speaking is a vital component of language learning that incorporates verbal communication elements such as intonation, timing, inflection, speed, rhythm and pausing, as well as nonverbal elements to support verbal communication, such as gesturing and facial expressions.

**Reading**
The process of reading involves decoding (recognizing and understanding letters, numbers and symbols and how they are used to form words and represent ideas) and comprehension (constructing meaning from words, numbers and symbols in different contexts).

**Writing**
The process of writing involves exploring, shaping and recording one’s thoughts and communicating them through various text forms to particular audiences using appropriate tone and voice. Conventions such as spelling, punctuation and grammar, as well as syntax (sentence structure) and word choice, are elements of the writing process.

The descriptive indicators within each strand are organized around four communicative areas (competencies): Linguistic, Strategic, Socio-linguistic and Discourse. Each of the strands has an additional communicative focus: Auditory Discrimination, Pronunciation, Fluency and Editing.

<table>
<thead>
<tr>
<th>Listening</th>
<th>Speaking</th>
<th>Reading</th>
<th>Writing</th>
</tr>
</thead>
<tbody>
<tr>
<td>Linguistic</td>
<td>Linguistic</td>
<td>Linguistic</td>
<td>Linguistic</td>
</tr>
<tr>
<td>Strategic</td>
<td>Strategic</td>
<td>Strategic</td>
<td>Strategic</td>
</tr>
<tr>
<td>Socio-linguistic</td>
<td>Socio-linguistic</td>
<td>Socio-linguistic</td>
<td>Socio-linguistic</td>
</tr>
<tr>
<td>Discourse</td>
<td>Discourse</td>
<td>Discourse</td>
<td>Discourse</td>
</tr>
<tr>
<td>Auditory Discrimination</td>
<td>Pronunciation</td>
<td>Fluency</td>
<td>Editing</td>
</tr>
</tbody>
</table>

**Listening Communicative Focus: Auditory Discrimination**
Auditory discrimination is the ability to hear specific sounds and words and to recognize changes in tone and other nuances of spoken English.

**Speaking Communicative Focus: Pronunciation**
Pronunciation involves the ability to produce the sounds and intonations of English effectively so that the speaker is understood. Accents are expected and accepted.

**Reading Communicative Focus: Fluency**
Fluency relates to the rate, ease and accuracy with which a student decodes and comprehends a text in English.

**Writing Communicative Focus: Editing**
Editing is the process of reviewing, revising and refining a text for the purpose of improving it based on English language conventions (spelling, punctuation and grammar), word choice, the form of the text, and its intended audience and purpose.
Communicative Competence

Communicative language teaching involves developing language proficiency through interactions embedded in meaningful contexts. This approach to teaching provides authentic opportunities for learning that go beyond repetition and memorization of grammatical patterns in isolation. A central concept of the communicative approach to language teaching is communicative competence, the learner’s ability to understand and use language to communicate effectively in authentic (rather than simulated) social and school environments.

The table below illustrates how each communicative area contributes to communicative competence.

<table>
<thead>
<tr>
<th>Linguistic</th>
<th>Strategic</th>
</tr>
</thead>
<tbody>
<tr>
<td>Understanding and using:</td>
<td>Using techniques to:</td>
</tr>
<tr>
<td>• vocabulary</td>
<td>• overcome language gaps</td>
</tr>
<tr>
<td>• language conventions (grammar, punctuation and spelling)</td>
<td>• plan and assess the effectiveness of communication</td>
</tr>
<tr>
<td>• syntax (sentence structure)</td>
<td>• achieve conversational fluency</td>
</tr>
<tr>
<td></td>
<td>• modify text for audience and purpose</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Socio-linguistic</th>
<th>Discourse</th>
</tr>
</thead>
<tbody>
<tr>
<td>Having awareness of:</td>
<td>Understanding how ideas are connected through:</td>
</tr>
<tr>
<td>• social rules of language (e.g., formality, politeness, directness)</td>
<td>• patterns of organization</td>
</tr>
<tr>
<td>• nonverbal behaviours</td>
<td>• cohesive and transitional devices</td>
</tr>
<tr>
<td>• cultural references (e.g., idioms, expressions, background knowledge)</td>
<td></td>
</tr>
</tbody>
</table>

Communicative Competence

The ability to understand and use language to communicate effectively in authentic social and school environments.
Assessment Tips

The following table offers sample ideas on how to assess language proficiency within the classroom context. The competencies observed can be compared with the Benchmarks for the grade-level division.

<table>
<thead>
<tr>
<th></th>
<th>Individual</th>
<th>Group</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Listening</strong></td>
<td>• One-on-one interview during class time</td>
<td>• Observation during class discussions, demonstrations and cooperative learning</td>
</tr>
<tr>
<td></td>
<td>• Listening task in which students complete oral or written response to orally given prompt</td>
<td>• Listening task in which all students complete written responses to orally given prompts</td>
</tr>
<tr>
<td><strong>Speaking</strong></td>
<td>• One-on-one interview during class time</td>
<td>• Observation during class discussions, demonstrations and cooperative learning</td>
</tr>
<tr>
<td></td>
<td>• Interaction during routine reading assessment</td>
<td>• Video or audio recording</td>
</tr>
<tr>
<td></td>
<td>• Video or audio recording</td>
<td></td>
</tr>
<tr>
<td><strong>Reading</strong></td>
<td>• During silent reading, student reads an excerpt from a book</td>
<td>• Student reads an excerpt from a shared text during:</td>
</tr>
<tr>
<td></td>
<td>• Individual reading assessment</td>
<td>- paired or small-group reading</td>
</tr>
<tr>
<td></td>
<td></td>
<td>- guided reading</td>
</tr>
<tr>
<td></td>
<td></td>
<td>- literature circles or other organized group reading</td>
</tr>
<tr>
<td><strong>Writing</strong></td>
<td>• Individual writing prompt</td>
<td>• Group administered writing prompt</td>
</tr>
<tr>
<td></td>
<td>• Individual writing assignments (e.g., journals, notes, reports, projects, essays, tests, surveys)</td>
<td>• Group administered writing assignments with individual completion (e.g., journals, notes, reports, projects, essays, tests, surveys)</td>
</tr>
</tbody>
</table>
Processes for Assessing Language Proficiency

Each school needs to create its own process for teachers to assess English language learners. Depending on the number of English language learners in the classroom or school, teachers may assess the English language learners in their own classrooms, or teachers may take responsibility for assessing a particular group of students with whom they work with, and share the results of the assessment with other teachers working with these particular students.

Involving English language learners in their own assessment of English language proficiency enhances both the process and the results of the assessment.

In a junior high school with 125 English language learners out of a total population of 500, a strategy for organizing assessment could look like this:

- Teachers work in pairs to assess eight students whom they both teach, collaboratively completing the assessment or separately completing the assessment of four different students each.
- At the same time, writing samples are gathered for English language learners by the social studies, science, mathematics and language arts teachers as part of regular assignments and are shared with the assessing teachers.
- During the scheduled staff collaboration time, the pairs of teachers review the assessment information for their eight students, including the writing samples.
- The teachers complete tracking sheets to share information on the overall English language proficiency of the eight students with other teachers who work with these students.
- Teachers also share their observations with the students and confirm and/or adjust their benchmark assessments.

Tracking Strategies

The downloadable tracking sheets can be used for recording proficiency levels at different points throughout the school year (e.g., when students enter the school system, at different report periods) and on an ongoing basis. There is a set of tracking sheets (Listening, Speaking, Reading and Writing) for each grade-level division: grades 1–3, 4–6, 7–9 and 10–12. Kindergarten tracking sheets are for Listening and Speaking only.

Consider the following strategies for tracking students' language proficiency:

- Select one student per day to focus on.
- Select one competency in one strand and assess all English language learners during a period or class.
- Use group discussion, oral presentations or group work as opportunities to assess Listening and Speaking.
- Select a writing assignment and use it as a sample to assess Writing.
- As part of an informal or a formal reading assessment, complete tracking sheets for Reading.

Use the information from the tracking sheets to plan instruction and to choose appropriate materials and resources for each English language learner. Consider the description of student performance one level above where the student currently functions, and use this information to plan instruction and activities.
For example, the next Speaking indicator in vocabulary for a student may be, “Uses more words, including utility words, descriptive words and subject-specific words.” To help a student move to this proficiency level, the teacher may:

- identify a subject area to use as a context for supporting this specific skill; e.g., science
- review the language of the upcoming unit and identify subject-specific words that the student would need to use in a project, an inquiry or a presentation
- identify utility, descriptive and other important academic words
- provide instruction on these words, their meaning and their use in the context of the unit
- reinforce the words by displaying them where the student can see them throughout the unit; e.g., word wall, concept map or anchor chart
- provide opportunities for the student to record words in a learning journal or personal dictionary.

**As you track students’ overall progress, consider that English language learners progress at different rates.**

For example:

- Some students may be progressing quickly.
- Some students may be progressing slowly despite significant explicit instruction and supports.
- Other students may be “stuck” at a particular level for 18 or more months and require explicit instruction, differentiated materials and instruction, increased support, or an in-depth assessment to further determine their learning needs.

It may take five to seven years for students to become proficient in an additional language. The rate of progress of an English language learner may be influenced by:

- prior English language exposure, experience and instruction (both the quantity of time and the quality of the experience are important)
- the home language and the literacy level of the student
- the home language and the literacy level of the parents
- the language in the home environment (e.g., a home that is bilingual presents many opportunities for the learner to make connections in both languages)
- the language learning skills and strategies acquired in the home language, which can be transferred to the learning of English.

A learner’s progress may vary from strand to strand (Listening, Speaking, Reading and Writing). Each learner follows an individual pattern; e.g., quickly progresses in listening, but requires support in speaking, reading and writing. Some learners may progress most quickly:

- in the receptive areas of listening and reading
- in the productive areas of speaking and writing
- in the oral areas of listening and speaking
- in the written areas of reading and writing.

A learner’s progress may also vary between the different communicative competencies. For example, some learners may:

- be very strategic and be at Level 4 in Strategic and at Level 2 or 3 in other competencies
- have more socio-linguistic awareness and be at a higher level in Socio-linguistic than in other competencies
- require additional support and experience to gain an understanding of the nuances of English as reflected through Discourse.
Learners may sometimes appear to regress when acquiring English.

This can happen when learners are:
- experiencing challenges adjusting to academic language expectations between grade levels
- experimenting with new vocabulary and sentence structures; e.g., an English language learner may revert back to simple sentence structures when using new vocabulary, especially when trying to be accurate
- adjusting to life or school changes
- returning from a break in their learning and/or an extended absence from school.

A learner’s progression through the ESL Benchmarks from grade-level division to grade-level division may not be linear.

For example:
- A student transitioning between divisions may be assessed at a lower benchmark level. This does not indicate regression. What is expected at each division increases in terms of linguistic complexity. The student assessed at Level 5 in one division may be assessed at Level 4 in the next division, as developmental and linguistic expectations increase.
- Language development and understanding of curriculum concepts may progress at different rates. For example, a student may understand a complex concept such as biodiversity yet have limited English with which to share his or her understanding.
- The expectations for Level 1 at each division increase, taking into account the amount of academic language required at each division.
- Students who have had some basic English instruction previously may spend a shorter amount of time in Level 1 or Level 2.