## Redirecting student behaviour



 Stop and pause. Use a stress-reduction technique before responding to a remark or behaviour. Take a deep breath and release it slowly. This can ground you and gives you an extra moment to plan an appropriate response.

can't ignore it ...

- 2. Turn slowly to face the student and **make eye contact** to get the student's attention.
- Do or say something to shift the focus of control to the student and "interrupt" the negative behaviour and/or the escalation of student anger.
  - Redirect students. Focus on activities that will create opportunities to calm down, such as going on an errand or focusing on something positive.
  - Keep responses brief. Short responses prevent inadvertently rewarding defiant behaviour with too much attention.
  - Use a neutral, business-like voice.
     People who speak calmly no matter how they feel are more likely to believe that they are calm, even in stressful situations.

- 4. Pause and allow the student to save face

   perhaps by making a comment or taking an action.
- 5. Bring closure politely but firmly.

Thank you.

I appreciate it.



You can go back and work with your group or finish the plan on your own at that table.

Please choose one now.

