I want to make good choices in life. Your teen will enhance their ability to make good choices today and in the future. They will examine health holistically: the emotional, intellectual, social, spiritual and physical dimensions. They will learn how to make responsible choices about money and other resources, and they’ll learn that their decisions are based on their values and goals. Your teen will continue to plot out their career path as they plan for life after high school.

Exemptions from CALM
If your teen is not at the age of majority or living independently, you have the right to exempt them from school instruction in human sexuality education by submitting a letter to the school indicating your intention to do so. Schools will provide alternative learning experiences for those students who have been exempted from human sexuality instruction at the request of their parents. Students must complete the remainder of the course in order to receive credits. Students may be exempted completely from CALM for only two reasons: out-of-province Grade 12 students transferring into Alberta schools; religious beliefs. Contact the principal of the school about these exemptions.